

# TAE KWON DO



## CAMBORNE TAE KWON-DO

Instructor Danny Broderick 4<sup>th</sup> Dan

Tel: 07877992127

Asst. Instructor: Mr James Murphy 3<sup>rd</sup> Dan

[www.camborne-taekwondo.com](http://www.camborne-taekwondo.com)

[www.cornwall-taekwondo.com](http://www.cornwall-taekwondo.com)



*Building a more peaceful world... together*

## Tae Kwon-Do News...

### Newquay Lifeboat Day – 10<sup>th</sup> Aug

A big thank you for those that turned up to support our demo at Newquay Lifeboat Day. The weather wasn't great but we went ahead and performed in the rain – now that's indomitable spirit! The RNLI were most pleased with our support on their fundraising day and have invited us again next year.



### Truro Carnival – 20<sup>th</sup> September

Seventeen Truro students took part in the Truro Carnival, performing kicks, linework, patterns and set-sparring to the delight of the thousands of people watching. Thank you very much for those that supported this important event.

### Midlands Championships – 21<sup>st</sup> September

Many of the students in the Carnival left straight afterwards to travel to Worcester for the Midlands Open the following day. We had great results at this competition and Master Harrison was very pleased to see us there to support him. Thank you and well done to all who attended this event. Videos on the Truro website.

# 태권도

## TRURO TAE KWON-DO ACADEMY

Instructor Liam Broderick 3<sup>rd</sup> Dan

Tel: 01637 852044 or 07855734984

Asst. Instructors: Mrs Patricia Finney 2<sup>nd</sup> Dan, Mrs Mel Beattie 1<sup>st</sup> Dan

[www.truro-taekwondo.com](http://www.truro-taekwondo.com) [www.youtube.com/TruroGTI](http://www.youtube.com/TruroGTI)

## Dates for your diary 2008...

- 12<sup>th</sup> Oct Black Belt Grading, Derby
- 13<sup>th</sup> Oct Coloured Belt Grading, Camborne, 6.30pm
- 14<sup>th</sup> Oct Master Harrison Seminar, St Austell, 7pm
- 26<sup>th</sup> Oct Charity Fancy Dress Training for BBC Children in Need, 6 to 7.30pm, Truro
- 9<sup>th</sup> Nov British Championships, Worcester
- 16<sup>th</sup> Nov Black Belt Training, 7-8pm, Truro
- 7<sup>th</sup> Dec Black Belt Training, 7-8pm, Truro
- 14<sup>th</sup> Dec Evening meal at Shanaz, Truro, 7.30pm
- 17<sup>th</sup> Dec Last training at Camborne GTI, 7pm
- 19<sup>th</sup> Dec Last training at Truro GTI (fun & games)
- 27<sup>th</sup> Dec Christmas Beach Training, Towan Beach, Newquay (by Blue Reef Aquarium) 11am
- 4<sup>th</sup> Jan Return to training at Truro, 6pm
- 5<sup>th</sup> Jan Fitness class 7 to 7.30pm
- Return to training at Camborne, 7pm



### Midlands Results:

#### Truro

- Kelly Broderick – 1 gold
- Ciaran Hicks – 1 gold
- Charlotte Brown – 2 silvers, 1 bronze
- Sophie Bertoli – 1 silver, 1 bronze
- Kayleigh Yates – 1 silver
- Pete Yates – 1 silver

#### Camborne

- John Newman – 3 golds



# NEWSLETTER

# Autumn 2008





## Cornwall Tae Kwon-Do, *Established 1974*

Camborne, Pool School, Pool, Mondays & Wednesdays 7-8pm

Truro, Truro Leisure Centre Sundays 6-7.30pm, Fridays 8-9pm

St Austell, Penrice School, Tuesdays & Fridays 7-8pm

Newquay, Newquay Sports Centre, Wednesdays 7-8pm, Fridays 6-7pm

Members of the International Taekwondo Federation and Global Taekwondo International  
[www.itf-administration.com](http://www.itf-administration.com) and [www.gti-taekwondo.com](http://www.gti-taekwondo.com)



### Competition League Table 2008

With one competition remaining on the calendar the title of *Competitor of the Year* is being hotly contested in Truro. Whilst John Newman leads the joint league table with 23 points, Truro is leading with 67 points to Camborne's 42. Please try and support your school and your association by entering the British Championships on 9<sup>th</sup> November and remember that you gain a point for each competition entered plus one for each bronze, two for each silver and three points for each gold.

### October Gradings

Good luck to Claire and Guy Tullett in their Dan gradings on 12<sup>th</sup> October in Derby.

Master Harrison is coming straight to Cornwall to conduct a grading for Camborne and Truro on Monday 13<sup>th</sup> October at Pool School (Camborne GTI). This will start at **6.30pm** so please be there by 6.15pm at the latest.

All students grading must:

1. Submit their grading fee of £22 and their licence at least one week before the grading
2. Wear a clean, white GTI suit
3. Be presentable for the grading examiner (clean, nails cut and cleaned, long hair tied back, no jewellery etc.)

Please make sure you are aware of the new GTI syllabus (<http://truro-taekwondo.com/grading.aspx>)

Also, please make the effort to learn your theory, either by going to the link above or by purchasing a training manual. A grading will be held in Newquay on the Wednesday for those that cannot make this one.

Most importantly, be loud and be respectful addressing Master Harrison as *Sir* at all times. Good luck!

### Master Harrison Seminar – 14<sup>th</sup> October

We are very fortunate as Master Harrison 7<sup>th</sup> Dan has offered us another training session, like the one he held in June. Please join us at Penrice School, St Austell on Tuesday 14<sup>th</sup> October at 7pm. Coloured belts and black belts will train together until 8pm, then black belts will have a further hour's training on black belt patterns.

The cost of this session is £5 per person. Please wear a white GTI suit to this event. A map to the venue is available on the Calendar page of the Truro website

### The Fundamental Training Manual for Coloured Belts – 2<sup>nd</sup> Edition now available.

Mr Liam Broderick has re-vamped the Truro and Camborne versions of Training Manual One: Fundamental Tae Kwon-Do. This now includes the new GTI syllabus and the grading section has been improved to make learning easier, with more information about preparing for 1<sup>st</sup> Dan. It has increased in size to 125 pages. This is available with a free Image CD-ROM (which includes theory quizzes) for £16.50 from your Instructor.

For those students with a 1<sup>st</sup> Edition Manual, you can obtain a 45-page upgrade with a free CD-ROM for £6.50. Details of the contents and an online order form can be found at: [www.truro-taekwondo.com/manual.aspx](http://www.truro-taekwondo.com/manual.aspx)

Names are highlighted gold for Camborne and blue for Truro. Results are for GTI comps and current students only.

GTI English 2Feb08

GTI UK Open 6Apr08

GTI Mids 21Sep08

Totals Rank

	GTI English 2Feb08	GTI UK Open 6Apr08	GTI Mids 21Sep08	Totals	Rank
John Newman	7	6	10	23	1
Andrew Robinson	7	6		13	2
Kelly Broderick	3	4	4	11	3
Pete Yates	4	3	3	10	4
Sophie Bertoli		4	4	8	5
Alanna Schilling	4	4		8	5
Charlotte Brown			6	6	7
Ciaran Hicks	1	1	4	6	7
Kayleigh Yates	1	1	3	5	9
Sue Allen		4		4	10
David Scandrett	2	2		4	10
Clare Buckler		2	1	3	12
Danielle Scandrett		3		3	12
Charlie Budge		2		2	14
Paul Budge	1	1		2	14
Mel Beattie			1	1	16

### BBC Children in Need Charity Event

The GTI instructors in Cornwall have agreed to put the Cornish Championships back to the Spring of 2009 but will be holding a charity event in its place. We will once again be raising money for BBC Children in Need.



This will be a FANCY DRESS training session with a HALLOWEEN theme held at Truro Leisure Centre on Sunday 26<sup>th</sup> October from 6 to 7.30pm.

Entry to this event is £5, which can be raised through sponsorship or paid as a direct donation to Children in Need through your Instructor. Sponsor forms are available from your Instructor and please try and raise as much as possible (last year we raised over £1,000!).

Please support this important charity and make sure your fancy dress costumes are tasteful!



[www.bbc.co.uk/pudsey](http://www.bbc.co.uk/pudsey)