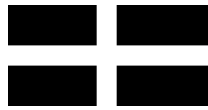


Cornwall Tae Kwon-Do



*The past, present and future of
Cornish Martial Arts*



Tae Kwon-Do, the Korean Art of Self-Defence, famed for its high, dynamic kicks, arrived in Cornwall in 1969, through RAF servicemen that had learnt the martial art in Malaysia. The first school was established at RAF St Mawgan, and there has been a school in Newquay ever since.



Fact 1: Tae Kwon-Do was inaugurated on 11th April 1955, by Major-General Choi Hong Hi (pictured centre) after extensive scientific research in the South Korean Army. It was the first martial art to be based on scientific principles, such as physics, anatomy and human physiology and is a merger of ancient Korean disciplines with modern-day karate.

Cornwall Tae Kwon-Do traces its roots back to 1974, when Danny Broderick, the current Area Representative for the Southwest of England, began his training at RAF St Mawgan. Danny later joined the second school to open in Cornwall at Carn Brae under the Malaysian black belt T K Loh.

Fact 2: The name Tae Kwon-Do is derived from TAE; to jump kick or smash with the foot, KWON; to punch or destroy with the hand or fist and DO, the Art, way or method. Pictured right: Tae Kwon-Do in Korean



Cornwall Tae Kwon-Do operates four schools in the county; Camborne, Newquay, St Austell and Truro. These long-running schools are part of a national network called Global Tae Kwon-Do International (GTI) and follow the original International Tae Kwon-Do Federation syllabus set up in 1955.

Through the GTI, students are able to attend national and international competitions and seminars under renowned Masters of the Art.

Fact 3: The Art is based on 5 tenets: Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit

태
권
도



The Cornwall Tae Kwon-Do Instructors pride themselves on their teaching, staying true to the traditional ideals of Tae Kwon-Do, teaching Tae Kwon-Do in its original form alongside the philosophy of the Art, whilst also giving students access to the modern aspects such as competition training and advanced self-defence and anti-bullying awareness.



Many students hold national titles, such as UK, English or British Champion following great competition success over the years. And all schools guarantee to offer the lowest training fees of any local Tae Kwon-Do school.

Fact 4: Tae Kwon-Do has rapidly become the worlds most popular martial art, with much of it's success being attributed to the fact that it is open to all ages and abilities and all students benefit greatly from Tae Kwon-do training, with increased confidence, stamina, flexibility and overall well-being.



The schools work alongside their local communities, supporting events and charities. Cornwall Tae Kwon-Do supports the RNLI in Newquay as well as BBC Children in Need each year. In 2007, Cornwall Tae Kwon-Do raised £1,084 for Children in Need through the Cornish Championships. Cornwall Tae Kwon-Do also performs beach cleans every year to honour World Environment Day.

Fact 5: There are nine coloured belt grades and nine grades of black belt in Tae Kwon-Do, ranging from white Belt beginner level to 9th Dan Grandmaster

School Instructors and Assistants:

Camborne: Danny Broderick 4th Dan (07877 992127), James Murphy 3rd Dan, Matthew Garland 1st Dan, Paul Kistle 1st Dan

Newquay: Marc Dummett 4th Dan (01637 876173), Lauren Roberts 3rd Dan

St Austell: Chris Taylor 2nd Dan (07593 449481), Katherine Rice 1st Dan

Truro: Liam Broderick 3rd Dan (07855 734984), Patricia Finney 2nd Dan, Mel Beattie 1st Dan



For more information about our schools please visit www.cornwall-taekwondo.com or speak to Danny Broderick on 07877 992127