

# GTI Tournament Rules

## Competitors Brief



### GENERAL

GTI tournaments are run on an invitational open basis to non-GTI Schools/Associations who are ITF 'style' based. The sparring competition is conducted under strict 'semi-contact' rules with 'points away' penalties/disqualification for any excessive contact.

### MINIMUM GRADE REQUIRED TO ENTER

**Adult 9<sup>th</sup> kup** – white belt with yellow stripe/tags. **Junior: 8<sup>th</sup> kup** – yellow belt.

### BELT DIVISIONS & WEIGHTS

**Adult:** 18 years of age and older. **Junior:** Under 18 years of age.

**Belts:** The ITF belt ranking system will apply as follows:

- 9<sup>th</sup> kup – white belt with yellow stripe/tags
- 8<sup>th</sup> kup – yellow belt
- 7<sup>th</sup> kup – yellow belt with green stripe/tags
- 6<sup>th</sup> kup – green belt
- 5<sup>th</sup> kup – green belt with blue stripe/tags
- 4<sup>th</sup> kup – blue belt
- 3<sup>rd</sup> kup – blue belt with red stripe/tags
- 2<sup>nd</sup> kup – red belt
- 1<sup>st</sup> kup – red belt with black stripe/tags
- 1<sup>st</sup> dan & above – black belt

**Divisions:** The belt ranks fall into the following divisions with separate categories for men, women, boys, and girls. (With the exception of the Pee wee category which includes mixed grades of boys & girls)

Yellow – 9<sup>th</sup> to 7<sup>th</sup> kup      Green – 6<sup>th</sup> & 5<sup>th</sup> kup      Blue – 4<sup>th</sup> & 3<sup>rd</sup> kup  
Red – 2<sup>nd</sup> & 1<sup>st</sup> kup      Black – all dan grades

**NB.** Yellow & Green and Blue & Red divisions may be merged depending on numbers in attendance.

### **Adult Male Sparring Weights:**

- Light-weight - up to & incl. 67kg
- Middle-weight - over 67kg up to & incl. 77kg
- Heavy-weight - over 77kg



### **Adult Female Sparring Weights:**

Light-weight	-	up to & incl. 56kg
Middle-weight	-	over 56kg up to & incl. 60kg
Heavy-weight	-	over 60kg

### **Junior Sparring Weights:**

Peewee*	-	up to & incl. 4ft.
Light-weight	-	over 4ft. up to & incl. 4ft. 6in.
Middle-weight	-	over 4ft. 6in. up to & incl. 5ft.
Light-heavy	-	over 5ft. up to & incl. 5ft.6in.
Heavy-weight	-	over 5ft. 6in.

\*NB. Peewee division is mixed boys & girls, other junior weights have separate divisions for boys & girls.

### **SPARRING COMPETITION**

**Point-Stop Sparring:** Available to all divisions.

**Continuous Sparring:** Restricted to Blue, Red, & Black belt divisions only.

**Duration of Bouts:** Junior & Adult Coloured Belt divisions: 1½ minutes.

Junior & Adult Black Belt divisions: 2 minutes

Finals in Black Belt Continuous Sparring: 2 x 2 minutes with 1 minute break.

**NB.** In Point-Stop bouts if a competitor scores 10 points, then the bout will be stopped and awarded to that competitor.

### **Scoring of Points:**

- 1 point awarded for any hand technique to any target area.
- 2 points awarded for foot technique to mid-section area.
- 3 points awarded for foot technique to high-section area.

### **Target Areas:**

- i. High - Head and neck area complete\*.
- ii. Middle - Trunk of the body from neck to lower abdomen vertically and from a line drawn from armpit vertically down to the waist on each side.
- iii. Middle - Kidney area (**NB. only scoring area of back**).

**\*NB - No hand techniques are allowed to the face in Pee-Wee & Junior Light-weight Yellow and Green belt divisions.**

## **DEMERIT POINTS AND DISQUALIFICATIONS**

### **Point-Stop Sparring Penalties:**

One point will be deducted from a competitor's score, (if no points scored one point added to opponents score), by the referee for the following offences:-

- i. Unintentional contact on 2<sup>nd</sup> and all further occasions (i.e. After one warning by the referee).
- ii. Grabbing any part of the opponent or their dobok after the referee's warning.
- iii. Tripping or leg-sweeping the opponent on every occasion.

### **Continuous Sparring Penalties:**

One point will be added to the opponent's score by the referee for the following offences:-

- i. Stepping out of the area twice (i.e. On the 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup> and every other subsequent occasion). A competitor is considered to have "stepped out" when one foot fully crosses the perimeter line.
- ii. Unintentional contact on 2<sup>nd</sup> and all further occasions (i.e. after one warning by the referee).
- iii. Loss of balance on each occasion (a competitor is considered to have lost balance when any part of the body other than the feet, come in contact with the floor).
- iv. Grabbing any part of the opponent or their dobok after the referee's warning.
- v. Tripping or leg-sweeping the opponent on every occasion.

### **Discretionary "Points Away" Or "Official Warnings":**

These may be awarded by the referee after one warning for the following:-

- i. Talking.
- ii. Unsportsmanlike behaviour.
- iii. Intentional lack of effort.
- iv. Excessive contact and / or aggression.
- v. Illegal technique (e.g. low kicking, knee/elbow strikes, pushing)

Disqualifications will be awarded by the referee for the following: -

- i. Intentional contact or unnecessary aggression.
- ii. Repeated on "point away" offences.
- iii. Showing dishonour or disrespect to the officials, competitors or to the area.
- iv. Second occasion that an official warning (yellow card) is awarded.

### **Accumulative Disqualification**

During a sparring competition, a referee may award an "official warning" for offences listed above. Any competitor who receives 2 official warnings during the entire competition will be disqualified from the competition immediately upon receipt of the 2<sup>nd</sup> official warning. The referee will display a yellow card when announcing an official warning. A red card will be displayed upon disqualification. The referees must announce to the competitor, corner judges and recorder that an official warning is being given. The recorder marks the official warning against the competitor's name on the competitor list, then, before the start of the next and all

subsequent bouts, the recorder will announce that the competitor is carrying an official warning

### **CONTACT AND INJURY**

As detailed previously above, contact is penalised but if in the opinion of the referee a competitor steps forward into a technique, which otherwise would have been correctly focused, points will be awarded to the attacker as if it were a “decisive blow”.

If a competitor is unable to continue in such a situation, the bout will be awarded to the attacker. In all other cases of unintentional and intentional contact, where a competitor is unable to continue, he / she will be awarded the bout (subject to referee’s decision).

### **PATTERN COMPETITION**

The following patterns are the choices available to each division:

Yellow – Chon-Ji, Dan-Gun, or Do-San

Green – Do-San, Won-Hyo, or Yul-Gok

Blue – Yul-Gok, Joong-Gun, or Toi-Gye

Red – Toi-Gye, Hwa-Rang, or Choong-Moo

Black – Choong-Moo or any dan grade pattern relevant to grade

### **DESTRUCTION COMPETITION**

Board breaking only takes place at the English and British Championships. This competition is open to adult Blue, Red, and Black belt divisions.

Each competitor attempts five different breaks as listed below. One point is awarded for each successful break. In the event of a draw the lightest competitor will be announced as winner.

#### **Red & Blue Belts – 1 White Board**

1. Palm Heel
2. Knife-Hand or Reverse Knife-Hand
3. Left Side Kick
4. Right Side Kick
5. Reverse Side Kick (Spinning Back Kick)

#### **Black Belts – 1 Black Board**

1. Palm Heel
2. Knife-Hand or Reverse Knife-Hand
3. Jumping Left Side Kick\*
4. Jumping Right Side Kick\*
5. Jumping Reverse Side Kick

\*NB. Performed from Parallel Ready Stance

Each competitor will have one attempt to break with only one pre-judging of distance allowed. **NB. The hand/foot must not touch the board when measuring**

## **BANDAGES AND STRAPPING**

All competitors with injuries which require bandaging or strapping of any type must satisfy the judges of their need and obtain approval before performing (i.e. no hard materials or pins can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor).

## **JEWELLERY**

No jewellery, watches or any other adornments may be worn. Hair may be kept in place using a material of soft elastic nature only, no grips or slides allowed.

## **UNIFORMS & SAFETY EQUIPMENT**

### **Uniforms:**

- **English & British Championships:** Competitors must wear a white\* TKD dobok with the badges officially recognised by GTI on front and back. Official school badges are optional, and must be worn on the right breast. The GTI Korean flag patch may be worn on the right upper arm (half way between elbow & shoulder). No other badges are allowed. Black belt uniforms should have the appropriate black edging on the jacket. Black belts 4<sup>th</sup> degree and higher to have the recognised black stripes on the trouser legs.
- **Other GTI Tournaments:** The wearing of coloured/School uniforms is permitted

### **Safety Equipment:**

a) All competitors must wear the following safety equipment:-

1. Groin guard protector of an approved type for men.
2. Hand and feet safety equipment of an approved type.(see below)\*
3. Shin or shin & instep protectors of an approved type.
4. Head guard.

b) Optional equipment:

1. Breast/groin protectors for women.
2. Gum shields.

**\*NB.** Hand & foot protectors suitable for semi-contact must be worn. The gloves must enclose the fingers and thumb. Boxing/weighted/laced gloves are not permitted The foot protector must be a full boot type which only leaves the sole exposed, and must be of the correct size so that the toes do not protrude.

## **LICENCES**

All GTI competitors must have their current GTI licence with them when in attendance at tournaments and produce it if asked to do so by any GTI Official.

## **OFFICIAL COMMANDS**

The following are the commands that referees will issue to competitors during a tournament:

1. Charyot – Attention
2. Kyong ye – Bow
3. Chunbi – Ready stance
4. Si jak - Start
5. Hye chyo – Break (sparring only)
6. Barro – Return to ready stance

## **DISPUTE PROCEDURE**

For all events in all tournaments any disputes arising will be dealt with as follows:

- i. Tournaments Chief Umpire: All organisers will appoint a person to act as ‘Chief Umpire’. This person must be present in the arena throughout the whole of the tournament. Generally this person will be the most experienced official at the event.
- ii. All competitors must nominate on their competition entry form a delegate to act on their behalf In the event of any disputes. This person would normally be their club Instructor, but can be any black belt that is fully conversant with the GTI tournament rules.
- iii. All competitors who wish to dispute a decision must go through their delegate direct to the Chief Umpire. Neither the competitor, nor any person other than the delegate, is allowed to approach the Chief Umpire direct.
- iv. In order to give a decision on any dispute, the Chief Umpire may call officials, competitors or delegates, as he so desires in order to give evidence or opinions on the dispute.
- v. On reaching a decision, the Chief Umpire will notify all parties concerned, and this decision will be binding and cannot be appealed against.
- vi. A copy of the full GTI Tournament rules as laid down in Appendix B of the Constitution must be present at all tournaments and must be accessible to all competitors and officials.
- vii. The tournament Chief Umpire must base all his dispute decisions on the rules as laid down in this document, and in no case can his final decision conflict with these rules.
- viii. Delegates, competitors or team captains who persist in arguing against a decision made by the Chief Umpire, may at his discretion, have their whole team or club disqualified from further events at the tournament.

This ‘Competitors Brief’ contains information relevant to competitors and is abridged from the full competition rules contained in the ‘GTI Tournament Rules – Appendix B’ of the GTI Constitution.

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