



July 2010

GTI NEWS

www.gti-taekwondo.com



GTI National Charity Event – Help for Heroes Saturday 11th September, Gloucester

This year's charity event will be focusing on one national charity, Help for Heroes, who raise funds for the rehabilitation of injured armed



forces personnel. This organisation which only started in 2007 has been very successful in its promotion of this cause and for every £1 donated they now pass on £1.10. To find out how they manage to do this and to see how the money raised is used visit www.helpforheroes.org.uk

We hope as many as possible will be able to support this worthy endeavour by getting sponsors and taking part in either a set amount of one-minute rounds of sparring, or the same amount of time performing your TKD patterns, or a mix of both.

There are three choices of rounds/minutes you can chose to do: 100, 50, or 25. There will be a ten second changeover time after each round as sparring partners rotate, and a three minute rest every 25 rounds.

In order to minimise the risk of injury all sparring is to be conducted using strict light/touch contact rules as there will be a mixture of varying grades and abilities taking part and we want as many as possible, hopefully everyone, to succeed in completing their goal.

TKD Uniforms & belts are not required and fancy dress for the more adventurous are very welcome as last year's outfits did bring a smile to many faces.

An inflatable slide will also be available to help keep the younger family members and students entertained.

A barbeque and refreshments will be available after the event with any profits made going to the charity.

Sponsorship Forms & Registration

Mr. Seamus Mcginley is dealing with the registration of all entries. If you wish to participate then you need to register by email to: excaliburmartialarts@hotmail.co.uk Please include your name and the name of your TKD school/club. 'Help for Heroes' Sponsorship forms and information will be sent by return. Registration may be done as individuals or for groups providing all names are included. If you have no email available then telephone 07963 065229. Spectators are asked to make a donation (min. £1)

If you can't attend but would still like to help out then visit the GTI website www.gti-taekwondo.com where a link to make an online donation to 'Help for Heroes' will soon be made available.

Start time: 3.30pm

Venue: St. Peter's High School, Stroud Rd., Tuffley, Gloucester GL4 0DE (Many thanks to Headmaster Mr. Kieran Montague for providing the premises free of charge).

London Junior Open – Sunday 26th September

This junior competition for the under 18's is being run by our North London Instructor, Mr Sean Onipede and is GTI supported. Running under the normal GTI tournament rules there will be Point-Stop, Continuous Sparring, and Pattern competition available.

Those Officials attending who are in the process of training for their Umpire/Referee status can count this towards their qualification.

Black belts who compete and gain a medal place will have points added to the Black Belt Rankings table for the 2010-2011 competitors of the year awards.

Please note that each competitor can have two accompanying spectators admitted free of charge.

For more details and to download entry forms visit the following webpage on the North London TKD website www.nltkd.com/home/page.php?15

TAE KWON DO TOURNAMENT
26th Sept 2010
LOCATION
 Gladesmore Sports Centre
 Crowland Rd,
 London, N15 6EB

UNDER 18 COMPETITION

DIVISIONS	FEES	CONTACT INFO
Nelson/Whelan Belt Point-Stop Sparring, Patterns Black Belt Qualifier Round-Robin & Continuous Sparring, Patterns Black Belt Round-Robin & Continuous Sparring, Patterns	GTI Competitors: £15.00 Non-GTI Competitors: £20.00 Reserves: £5.00 (20-25 years 3 years free) Clothing (gear for sparring) 07959 537 198	North London Taekwondo www.nltkd.com info@nltkd.com 07959 537 198

Doors open at 10:00am for height testing and competition starts at 10:30am

Black Belt Gradings

Congratulations to the following who were successful in gaining promotion at the last black belt grading on 9th May in Derby.

Adult Dan Grades

Promoted to 1st Dan:
Stephen Henry (North London)
Miles Westwood (Bridgnorth)

Promoted to 2nd Dan:
Stephen Whittle (Wells)
Francois Onawhelho-Loren (North London)
Frank Luckham (Newquay)
Mike Clarke (Dublin)
Gary Plant (Bridgnorth)
Alison Weatherall (Basildon)
Gavin Bennett (Newquay)
Darragh Cashe (Dublin)
Alison Lucas (Bridgnorth)

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Promoted to 3rd Dan:

Jason Rogers (Kings Norton)
 Eoghan McDonald (Dublin)
 Biodun Onipede (North London)
 Ian McFarlane (Newquay)

Junior Dan Grades

Promoted to 1st Dan:

Joseph Dane (Derby)
 Robin Biswas (Derby)
 Khasim Haider (Derby)
 Matthew Barnard (Wells)
 Kamrain Ikram (North London)
 Christopher Punched (Bridgnorth)
 Jade Plunkett (Dublin)
 Neil Biswas (Derby)
 Mahisa Anwar (Derby)
 Chante Woodhouse (Derby)
 Hugo Stock (Wells)
 Emma Thorndike (Basildon)
 Charlotte Smith (Newquay)
 Niall Harty (Dublin)

Promoted to 2nd Dan:

Ibrahim Haider (Derby)
 Benjamin Slater (Chelmsford)



NB. If anyone who took the grading would like a full size copy of their group photograph then please send your request to:

secretary@gti-taekwondo.com

Umpire & Referee Course
Sunday 24th October -
Cheltenham

This one day course is open to any TKD practitioner aged 16 years or

older with a minimum grade of 1st kup. The cost of the course includes the purchase of a GTI Officials polo-shirt. This is issued upon completion of the required training which involves officiating, under the supervision of a senior official, at GTI events. There is no charge for those taking the course as a refresher. Drinks will be available but please bring a packed lunch. You will also require a tracksuit or similar, safety equipment, and a pen and paper. Please see your Instructor for an application form.

Venue: Bournside School, Wardenhill, Cheltenham GL51 3EF

Time: 10a.m. to 5p.m.

Cost: GTI members £45
 Non-GTI £59

Contact: Mr. Pares Bhadeshia

Email: chairman@gti-taekwondo.com

Volunteers Required

We are always on the look out for people willing to help contribute to the success of the Association. Whether you are a GTI instructor, student, or a family member, if you think you can spare some time to assist with any of the following tasks then we'd be pleased to hear from you, please contact the named contact and/or send copy to secretary@gti-taekwondo.com

Photographer(s) -

We need someone to be at events to take good quality pictures and submit up to a 100 for our website. Ideally resized to about 1000px max

Contact: Event Organiser and Webmaster – info@nltkd.com

Graphic Artist -

We have numerous events all year round. Skills to produce high quality promotional materials e.g. posters printable on a4 size would be most welcome.

Contact: GTI Secretary secretary@gti-taekwondo.com

Video editor(s) -

To record and compile 5-10 minute video montages from events and promo videos. Also video promos of events.

Contact: Event Organiser and Webmaster info@nltkd.com

News Reporter(s) -

To write and submit news items

from events mainly use on website, some for press release.

Contact: Event organiser & GTI Secretary secretary@gti-taekwondo.com

Website Editor -

To add approved photos and news items to website. Ensure calendar is up-to-date

Contact: Webmaster info@nltkd.com

If you have got a suggestion of how you can contribute to the GTI that we have not thought of, please email secretary@gti-taekwondo.com with your ideas.

Instructor Day & Social Event

Saturday 23rd October

Held in Cheltenham, the day will start with an open forum with a patterns seminar to follow. Later in the day there will be a social event. More details to follow.

Closing Date for October's Black Belt Grading
Saturday 11th September

The next dan grading takes place on Sunday 10th October in Derby. The closing date for applications to be with the Secretary is Saturday 11th September.

GTI 2010 Events at a Glance

- Sat. 11th September**
Help for Heroes TKD
Charity Event - Gloucester
- Sun. 10th October**
Black Belt Grading - Derby
- Sat. 23rd October**
Instructor Day & Social
Event - Cheltenham
- Sun. 24th October**
Umpire & Referee Course
Cheltenham
- Sun. 26th September**
North London Junior Open
(under 18's) - Tottenham
- Sun. 7th November**
GTI British Championships
Cheltenham