

TAE KWON DO



CAMBORNE TAE KWON-DO

Instructor Danny Broderick 4th Dan

Tel: 07877992127

www.camborne-taekwondo.com

www.cornwall-taekwondo.com

www.gti-taekwondo.com

태권도

Building a more peaceful world... together



Tae Kwon-Do News...

Black Belt Promotions

Following the May black belt grading, Mr Liam Broderick is promoted to 4th degree and Mr John Newman to 1st degree. Mr Joshua Smith of Newquay GTI gained his 2nd degree black belt. Well done all!



Master Harrison – 30 years in TKD

GTI Chief Instructor Master Clive Harrison, 7th degree is celebrating 30 continuous years of Tae Kwon-Do training. Congratulations Sir on this impressive milestone.

Red Nose Fun

Truro GTI celebrated Comic Relief's Red Nose Day in March, with 42 students dressed in red noses and deely boppers for this fun session. Thanks to you all for helping to raise funds for this important charity (see picture below).



TRURO TAE KWON-DO ACADEMY

Instructor Liam Broderick 4th Dan

Tel: 01637 852044 or 07855734984

www.truro-taekwondo.com www.youtube.com/TruroGTI

Dates for your diary 2009...

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| 6 th Jun | Beach Clean for World Environment Day, Perranporth Beach, 11am, followed by beach training at 12.00pm and lunch at the Watering Hole at 1.30pm approx. |
| 22 nd Jun | Coloured Belt Grading, Pool Business & Enterprise College, 6.30pm start |
| 23 rd Jun | Seminar with Master Harrison, Penrice School, St Austell, 7pm |
| 24 th Jun | Coloured Belt Grading (Newquay) |
| 25 th Jun | Paranormal investigation at the Pengegon Institute, Camborne, 8pm to 1am |
| 27 th Jun | Truro GTI Demo at Threemilestone Fete Day (muster at 11am) |
| 10 th to 13 th Jul | Summer Camp weekend, Treago Farm, Polly Joke, Crantock near Newquay |
| 11 th Jul | Camborne GTI Demo at Pool School Fete Day (times TBC) |
| 30 th Aug | Demo at Newquay Lifeboat Day, 3pm approx. start – followed by...
Evening BBQ – Newquay (details TBC) |
| 12 th Sep | Truro GTI Demo in Truro Carnival, 5pm muster at Hendra Park for 6pm start |
| 20 th Sep | GTI UK Open Competition, Worcester |
| 11 th Oct | Black Belt Grading, Derby |
| 17 th /18 th Oct | GTI Instructor Course, Newquay |
| 15 th Nov | GTI British Championships, Cheltenham |

Events updated at www.truro-taekwondo.com

Please note the Sunday class changes for Truro (next page)



NEWSLETTER

Spring
2009



Upcoming Events...



Beach Clean for World Environment Day – Saturday 6th June

The United Nations World Environment Day is an important forum for increasing the awareness of environmental issues. Held on 5th June each year, WED is focussing on Climate Change in 2009. Truro GTI would like to invite all students plus friends and family to join us on Perranporth Beach for a litter pick at 11am on 6th June. Please help us to improve our local environment – all gloves and refuse bags will be provided. The first Summer beach training will take place around midday (after the beach clean), and this will be followed by lunch at the Watering Hole. Bring a towel if you want to go in the sea!

Coloured belt grading – Monday 22nd June

Camborne and Truro GTI students will once again be grading together at Pool Business and Enterprise College on Monday 22nd June. Please arrive no later than 6.15pm for the grading which starts at 6.30pm. Master Harrison will be your grading examiner. Remember:

- Only white GTI suits are permitted for gradings – all jewellery must be removed
- The grading fee of £22 per person and your licence must be submitted to your Instructor by Monday 15th June (new students need to submit 2 passport size photos)
- 6th Kup green belts and above will require full sparring gear (including headguard)
- You must be presentable – clean, nails clipped and long hair tied back (no jewellery)
- Theory sheets are available online at www.truro-taekwondo.com/info.aspx



Master Harrison Seminar – Tuesday 23rd June

GTI Chief Instructor, Master Clive Harrison, 7th Dan will be hosting a seminar at Penrice School, St Austell on Tuesday 23rd June from 7pm. Please come along and support Master Harrison as this will be his last seminar in Cornwall for 12 months. Coloured belts 7-8pm, black belt patterns 8-9pm - £5 per person.

Paranormal Investigation – Thursday 25th June

Please join the instructors and Master Harrison on a paranormal evening at the Pengegon Institute, Camborne from 8pm to 1am. The cost is £17.50 per person and open to over 18s only. Please book your place with Liam Broderick ASAP as numbers are limited. Our first visit to Pengegon was very interesting!

Summer Camp – Friday 10th to Monday 13th July

Truro GTI is hosting a summer camp weekend for all students and their friends and families. We shall be camping at Treago Mill, Porth Joke (near Crantock) from the evening of Friday 10th July to the morning of Monday 13th July. The cost is £7.50 per person per night (£3 for under-14s). There will be training sessions on the Friday evening and Saturday and Sunday mornings and evenings. A full itinerary will be available closer to the time. Normal Friday and Sunday classes are moved from Truro Leisure Centre to the beach at Porth Joke (see right). Camping fees will need to be paid to Mr Liam Broderick by Friday 12th June and under-16s must be accompanied by an adult.

You don't have to camp to join us for the training sessions and also you won't need to camp for the full 3 nights. If you choose to camp for less than 3 nights, please book yourself a space by visiting www.treagomill.co.uk



Summer Demos – June, July and August

The Instructors would like to ask all students, especially senior grades to think about special routines, breaks and so on, that they would like to perform at our summer demonstrations. We are particularly looking for choreographed routines, like patterns to music, self-defence and sparring and also special breaks, like flying or jumping kicks, even over people! If you do not feel confident in performing routines, please try to support our demos anyway as there will be plenty to do! A new demo format for 2009 is currently being put together. More info soon...

Training Support Updates...

Training Manuals / CD ROMS

Please contact Mr Liam Broderick if you would like a coloured belt training manual with a free CD-ROM or if you would like the newly completed black belt training manual. Prices are £16.50 for coloured belt and £19.50 for black belt manuals.

Truro GTI class changes

From 31st May to 19th July Sunday classes shall be split: 6 to 7pm for white and yellow belts, 7 to 8pm for green belts and above. This is due to a move to the dance studio because of exams.

Cornwall Tae Kwon-Do, Established 1974

Camborne, Pool School, Pool, Mondays & Wednesdays 7-8pm

Truro, Truro Leisure Centre Sundays 6-8pm, Fridays 8-9pm

St Austell, Penrice School, Tuesdays & Fridays 7-8pm

Newquay, Newquay Sports Centre, Wednesdays 7-8pm, Fridays 6-7pm

Please note: Fee paying students may train in any other GTI school for free

For any queries please call, text or email

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Email: instructor@truro-taekwondo.com